

## Tips for saving heating costs

We all know that we will soon have to review our way of consuming energy in order to limit not only our expenses but above all to preserve our planet.

The probability of electricity shortage must also be taken into account, and this also involves saving heating.

Indeed, savings on heating, which still represents the largest share of energy costs, can be made simply if we implement the few tips below.

The simple fact of lowering the temperature in homes by one degree would save at least 5% on heating costs and would already make a big difference.



Here are our tips to adopt today!

In the living room:

- A temperature of 20 degrees (level 3 of the thermostat) is enough to lower the costs

In the rooms:

- 18 degrees (level 2 of the thermostat)

In the bathrooms/showers:

- 23 degrees (level 3-4 of the thermostat)

In unused rooms or the hallway:

- About 15 degrees (thermostat level 1 or either position \* (closed))

WARNING: do not go below 15 degrees to avoid mould.



And this in addition:

- Close doors between rooms
- Check for air leaks (doors, windows) and insulate with adhesive strips or other means of insulation
- Do not place furniture or curtains in front of radiators
- Make sure that the radiators are regularly purged in order to allow their proper use
- Turn off the heating in the bedrooms if you sleep with the window open at night